Bistro Aix

1440 San Marco Boulevard Jacksonville, Florida 32207 904-398-1949 www.BistroX.com



M - Th: 11am - 10pm Fri: 11am - 11pm Sat: 5pm - 11pm Sun: 5pm - 9pm

Bistro Aix

Tom Gray Executive Chef / Partner

White Marble Farms Pork Loin on Root Vegetable Purée with Apple Sauce & Green Beans

Serves 6

Ingredients

Pork Loin

Six 6 oz. portions

Root Vegetable Purée

1 lb. carrots, peeled 8 oz. parsnips, peeled 8 oz. celeriac, peeled 20 – 24 oz. vegetable stock Salt & white pepper to taste Pinch nutmeg

Roasted Apples

3 apples (braeburn, fuji, or similar), cut in half and cored, sprinkled with a pinch of cinnamon

Honey to taste (if desired)

Green Beans

1 lb. fresh green beans, washed, trimmed, and sliced thinly 2 T. unsalted butter
Salt and freshly ground black pepper to taste

Chicken Jus

12 oz. (appx. 2 oz. per serving)

Garnish

Fresh chives, washed and finely diced

Method

Root Vegetable Purée

- In a pot just large enough to hold all of the vegetables, add broth and cook until just tender.
- Purée in a blender or food processor until smooth.
- Add nutmeg and season with sea salt and white pepper to taste.
- Cover to keep warm and set aside (or reheat in microwave prior to plating).

Roasted Apple Sauce

- Preheat oven to 350°.
- Place apples, cut side down, on a sheet pan.
- Roast until tender.
- Pass through a food mill (using the largest die).
- Add honey to taste if desired.
- Cover to keep warm and set aside (or reheat in microwave prior to plating).

Green Beans

- In a small pot, bring salted water to a rolling boil.
- Add cut green beans and blanch until tender.
- Toss with butter and season to taste.
- Cover to keep warm and set aside (or reheat in microwave prior to plating).

Chicken Jus

- Heat in a small sauce pan.
- Hold hot until serving.

Pork

• Grill to temperature requested.

Plating Instructions

- Spoon hot root vegetable purée into the center of a warmed serving plate.
- Place portion of green beans around vegetable purée.
- Place pork on top of purée and spoon over portion of roasted apple sauce.
- Sauce entire dish lightly with chicken jus.
- Garnish with chives.